



Peanut Butter Fluff

8oz lite cool whip
1 cup Greek yogurt
1 Tbsp ground cinnamon
1/3 cup peanut butter powder

Combine all ingredients until evenly incorporated.

Cut choice of fruit or vegetables for dipping. Makes 10 servings.

Nutrition Facts (per Serving [Dip Only]): 87 Calories, 3g Fat, 11g Carbohydrates, 1g Fiber, 5g Protein, 58mg Sodium

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