

Slow Cooker Creamy Chicken Enchiladas

2 boneless skinless chicken breasts

1 teaspoon chili powder

1 teaspoon garlic powder

1 teaspoon cumin salt and pepper to taste

8 ounces Neufchatel cream cheese

1 cup salsa

3/4 cup 2% milk Colby cheese, shredded

12-6 inch flour tortillas

Optional toppings: Fresh cilantro, sour cream, salsa, guacamole, etc.

Spray inside of slow cooker with non-stick spray. Add chicken, chili powder, garlic powder, cumin, salt and pepper to taste, cream cheese, and water to crock pot.

Cover and cook on low 8 hours or on high 4 hours. Remove chicken from slow cooker, shred with two forks, and return to slow cooker.

Stir and cook and additional 15 minutes. Preheat oven to 400.

Place ¼ cup of the chicken mixture in the center of each tortilla. Roll tightly and place in a single layer on a greased baking sheet. Pour remaining mixture of enchiladas and sprinkle cheese on top.

Bake 10-15 minutes, until tortillas are slightly browned. Serve with desired toppings. Makes 12 servings.

Nutrition Facts (per serving): 203 calories, 8g protein, 8g fat, 22g carbohydrate, 660 mg sodium

